The following list is organized by shelters that provide services to adults and/or families, victims of domestic violence, and unaccompanied youth. Most of the shelters listed serve residents of a specific county or region but many will serve on a state-wide basis if beds are available.

Adult/Family Shelters

Androscoggin County

- Hope Haven Gospel Mission, Lewiston 783-6086 jericho@megalink.net
- Rural Action Community Ministry, Leeds 524-3791 rcamout@aol.com
- St. Martin De Porres Residence, Lewiston 786-4690

Aroostook County

- My Choice, Houlton 532-9358; 1-800-287-9358
- Sister Mary O'Donnell Shelter, Presque Isle 764-5114 odonlsheltr@ainop.com

Cumberland County

- The Bridge, Portland 874-1060
- Mainestay, Ingraham; Portland 842-6890
- Milestone, Portland 775-4790 bonnie@milestonefdn.org
- My Choice, Portland 772-3678
- Oxford Street Shelter, Portland 775-7911 shelter@maine.rr.com
- Portland Family Shelter, Portland 772-8339 fshelter@maine.rr.com

- Tedford Shelter, Brunswick 729-1161 tedford@clinic.net
- YWCA Women's Residence, Portland

Hancock County

- Home-Dorr House, Orland 469-7961
- Home-Emmaus Center, Ellsworth 667-3962 emmaus@downeast.net
- Home-Hospitality House, Bucksport 469-7961
- Home-St. Francis Community-Mandala, East Orland 469-3018 mandala@downeast.net
- Home-St. Francis Inn, East Orland 667-9167 SrLucille@aol.com

Kennebec County

- Bread of Life, Augusta 626-3434
- Mid-Maine Homeless Shelter, Waterville 872-6550 shelter@mint.net

Knox County

 Mid-Coast Hospitality House, Rockport 594-1422

Oxford County

- Community Concepts South, Paris 743-7716
- Strathglass Family Shelter, Rumford 743-7716 jcrockett@community-concepts.org

Penobscot County

- Acadia Hospital, Bangor 963-6027 sjames@emh.org
- Greater Bangor Area Shelter, Bangor 947-0092 bahs@gwi.net
- Hope House, Bangor 941-2806
- My Choice, Bangor 941-9500

York County

- Fair Tide, Kittery 439-3981
- York County Shelters, Inc., Alfred 324-1137
- YANA, Inc., Saco 283-0069

Shelters for Victims of Domestic Violence

Battered women project hotline 1-800-439-2323

- Abused Women's Advocacy Project, Auburn 784-3995
- Battered Women's Project, Presque Isle 769-8251
- Bread of Life, Augusta 626-3434
- Caring Unlimited, Sanford 324-1802 caring@gwi.net
- Family Crisis Services, Bath 442-0557
- Family Crisis Services, Portland 874-1196

- Family Violence Project, Augusta 621-6372 fvpblh@mint.net
- Greater Bangor Area Shelter, Bangor 947-0092 bahs@gwi.net
- Home-Emmaus Center, Ellsworth 667-3962 emmaus@downeast.net
- Home-Hospitality House, Bucksport 469-7961
- Home-St. Francis Community-Mandala, East Orland 469-3018 mandala@downeast.net
- Home-St. Francis Inn, East Orland 667-9167 SrLucille@aol.com
- Mid-Coast Hospitality House, Rockport 594-1422
- New Hope for Women, Damariscotta 563-2404
- New Hope for Women, Rockland 594-2128 newhope@newhopeforwomen.org
- Peaceful Choices, Machias 255-4934 peacefulchoices@whcacap.org
- Portland Family Shelter, Portland 772-8339 fshelter@maine.rr.com
- Rural Action Community Ministry, Leeds 524-3791 rcamout@aol.com
- Sister Mary O'Donnell Shelter, Presque Isle 764-4125 odonlsheltr@ainop.com
- Spruce Run Association, Bangor 945-5012 sprucern@midmaine.com

- Womancare/Aegis, Dover-Foxcroft 564-8165 wmncare@hotmail.com
- York County Shelters, Inc., Alfred 324-1137

Youth Shelters

Homeless youth national runaway switchboard 1-800-621-4000

- Greenleaf House, Rumford 369-9439 rghinc@ime.net
- Halcyon House, Skowhegan 474-5148 yfsinc@somtel.com
- New Beginnings, Lewiston 795-4077 bobrowe@gwi.net
- Salvation Army Lighthouse Shelter, Portland 774-6304
- Shaw House, Bangor 941-2874
- St. Michael's Center (placement), Bangor 941-2855 lhemberger@ccme.org
- Youth Alternatives Emergency Shelter, South Portland 874-1184
- YWCA's Fair Harbor, Portland 874-1136